UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
DMB Number:	3235-0287					
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ours per response						

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

sponses)																	
1. Name and Address of Reporting Person * Cardillo Michael John				2. Issuer Name and Ticker or Trading Symbol Strategic Environmental & Energy Resources, Inc. [SENR]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title below) Other (specify below)							
GE RC	(First) OAD	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 07/26/2016					President - REGS, LLC								
				t, Date Original Filed(Month/Day/Year))	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person					Line)			
80403											Form me	d by More man	One Report	ing reiso			
	(State)	(Zip)		T	able I -	Non-l	Derivat	ive Se	ecurities	Acqui	red, Disp	osed of, or l	Beneficia	lly Ow	ned		
у	Da	te	Execut any	tion Date, if	Code (Instr.	8)	(A) (D) (Inst	or Dis	sposed of 4 and 5) (A) or	f BR (I	Beneficially Owned Reported Transactio (Instr. 3 and 4)		Owned Following ransaction(s)		rship Indire Bene (D) Owne rect (Instr	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
k	07	//26/2016 ⁽¹⁾			S				D S	\$ 4	,125,316	(2)		I	Corp	oration	
t on a se	parate line for					F c t	Persons contain he forn	ed in n dis	this fo	orm are	e not req ently valid	uired to re d OMB cor	spond (unless		1474 (9- 02)	
											ny Owned						
Derivative Conversion	Date	Execution Dany	Oate, if Transaction Code		n of		and Exp	nd Expiration Date Month/Day/Year) S		Ame Und Secu	ount of lerlying urities tr. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	ve es ally ng dicion(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	(Instr. 4)	
							Date Exercis		Expiration	on Title	Amount or Number of						
k	GE RC 80403	(First) GE ROAD (Street) 80403 (State) 7 2. Da (Month/Day/Young) 2. Transaction Date (Month/Day/Young)	el John (First) (Middle) GE ROAD (Street) 80403 (State) (Zip) 7 2. Transaction Date (Month/Day/Year) 6 on a separate line for each class of security of ative (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3A. Deemee Execution Date (Month/Day/Year) (Month/Day/Year)	el John Stra Inc. (First) (Middle) 3. D GE ROAD 07/2 (Street) 4. If 80403 (State) (Zip) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Table II - Deriva (e.g., p arranson Date (Month/Day/Year) 3. Transaction Date (E.g., p (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year)	Strategic Envi Inc. [SENR] GE ROAD (Street) 3. Date of Earlie 07/26/2016 4. If Amendmen 80403 (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, was considered any (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year)	Strategic Environment Inc. [SENR] GE ROAD (Street) (A. If Amendment, Date of Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Code (Instr. Street) Table II - Derivative Securities Acc (e.g., puts, calls, warrants of Code (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) (A) or Dispo of (D) (Instr.	Strategic Environmental & Inc. [SENR] GE ROAD (Street) (A) (State) (Street) (Street) (Street) (A) (State) (Street) (Street) (A) (Street) (Street) (A) (Street) (Street) (A) (Street) (A) (Code (Instr. 8) (C	Strategic Environmental & Energine. [SENR] (First) (Middle) 3. Date of Earliest Transaction (Month 07/26/2016 (Street) 4. 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If Amendment, Date Original Filed(Month/Day/Year) 80403 (State) (Zip) Table 1 - Non-Derivative Securities Securities Acquired (A) or Disposed of (Instr. 8) (D) (Instr. 3, 4 and 5) (Month/Day/Year) Securities beneficially owned directly or Persons who respectative (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, options, convertible securities (Month/Day/Year) any (Month/Day/Year) 3. Transaction Date (Instr. 8) (D) (D) (D) (D) (D) (D) (D) (D) (D) (D	Strategic Environmental & Energy Resources, Inc. [SENR] GE ROAD (Street) (Street) (Street) (Strate) (Strate) (Strate) (Strate) (Strate) (Strate) (Strate) (Strate) (A) (Strate) (A) (Strate) (A) (Code (Instr. 8) (Instr. 3, 4 and 5) (Instr. 3,	Strategic Environmental & Energy Resources, Inc. [SENR] GE ROAD (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) (7/26/2016 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of (Instr. 8) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Acquired (A) or Disposed of (Instr. 8) (Instr. 3 and (A) or Only Price) Table II - Derivative Securities Acquired, Disposed of (Instr. 8) (Month/Day/Year) (Month/Day/Year) 3. Transaction Securities Deneficially owned directly or Persons who respond to the colle contained in this form are not required from displays a currently valid and Expiration Date (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (instr. 8) (Instr. 8) S. Number (a.) One Derivative Securities (Instr. 3 and (Month/Day/Year) (Month/Day/Year) (Instr. 3 and 4) Amount of Underlying Securities (Instr. 3 and 4)	Strategic Environmental & Energy Resources, Inc. [SENR] Code V Amount (D) Price	Strategic Environmental & Energy Resources, Inc. [SENR] (Check all ap Director Inc. [SENR] (Street) (Street) (State) (A) (Code V Amount (D) (Instr. 3, 4 and 5) (Instr. 3) (Instr. 4) (Instr. 3) (Instr. 4)	Strategic Environmental & Energy Resources, Inc. [SENR] 3. Date of Earliest Transaction (Month/Day/Year) (Street) (Strate) (Instr. 3, and 4) (Strate) (Instr. 3, and 4) (Instr	Strategic Environmental & Energy Resources, Inc. [SENR] Check all applicable Director 10% Owner 10% Owner	

Barrella Carrella Name / Addition	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Cardillo Michael John 751 PINE RIDGE ROAD GOLDEN, CO 80403			President - REGS, LLC					

Signatures

/s/ Michael John Cardillo	07/27/2016
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (2) The 4,125,316 shares represent 100,000 shares owned directly by the reporting person and 4,025,316 owned by Cardillo Enterprises, Inc., a corporation owned by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.