UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 12b-25

NOTIFICATION OF LATE FILING

(Check One): □ Form 10-K □ Form 20-F □ Form 11-K ⊠ Form 10-Q □ Form 10-D □ Form N-CEN □ Form N-CSR

For Period Ended: September 30, 2022

□ Transition Report on Form 10-K
□ Transition Report on Form 20-F
□ Transition Report on Form 11-K
□ Transition Report on Form 10-Q
□ Transition Report on Form N-SAR

For the Transition Period Ended:

SEC FILE NUMBER 000-54987

CUSIP NUMBER 86271N 10 0

Read Instructions (on back page) Before Preparing Form. Please Print or Type. Nothing in this form shall be construed to imply that the Commission has verified any information contained herein.

If the notification relates to a portion of the filing checked above, identify the Item(s) to which the notification relates:

PART I - REGISTRANT INFORMATION

Strategic Environmental & Energy Resources, Inc.

Full Name of Registrant

Former Name if Applicable

370 Interlocken Blvd. Suite 680 Address of Principal Executive Office *(Street and Number)*

> Broomfield, CO 80021 City, State and Zip Code

PART II — RULES 12b-25(b) AND (c)

If the subject report could not be filed without unreasonable effort or expense and the registrant seeks relief pursuant to Rule 12b-25(b), the following should be completed. (Check box if appropriate).

- (a) The reason described in reasonable detail in Part III of this form could not be eliminated without unreasonable effort or expense;
- (b) The subject annual report, semi-annual report, transition report on Form 10-K, Form 20-F, Form 11-K, Form N-CEN or Form N-CSR, or portion thereof, will be filed on or before the fifteenth calendar day following the prescribed due date; or the subject quarterly report or transition report on Form 10-Q or subject distribution report on Form 10-D, or portion thereof, will be filed on or before the fifth calendar day following the prescribed due date; and
 - (c) The accountant's statement or other exhibit required by Rule 12b-25(c) has been attached if applicable.

PART III - NARRATIVE

State below in reasonable detail why the Forms 10-K, 20-F, 11-K, 10-Q, 10-D, N-CEN, N-CSR, or the transition report or portion thereof, could not be filed within the prescribed time period. (Attach extra sheets if needed.)

Strategic Environmental & Energy Resources, Inc. (the "Company") and its independent registered public accounting firm, requires additional time to complete the quarterly review of the Company's condensed consolidated financial statements for the quarter ended September 30, 2022. Effective October 16, 2022 the company transition to a new CFO, which led to some delays in the quarterly reporting process allowing for the new CFO to review historical information and prepare the filings.

The Company fully expects to file its Quarterly Report on Form 10-Q for the quarter ended September 30, 2022 (the "Form 10-Q") within the extension period of 5 calendar days as provided under Rule 12b-25 under the Securities Exchange Act of 1934, as amended (the "Exchange Act"). The Company does not expect any changes to previously reported financial results.

PART IV - OTHER INFORMATION

(1) Name and telephone number of person to contact in regard to this notification

X

J John Combs III	(720)	460-3522
(Name)	(Area Code)	(Telephone Number)

(2) Have all other periodic reports required under Section 13 or 15(d) of the Securities Exchange Act of 1934 or Section 30 of the Investment Company Act of 1940 during the preceding 12 months or for such shorter period that the registrant was required to file such report(s) been filed? If the answer is no, identify report(s). 🖾 Yes 🗆 No

If so, attach an explanation of the anticipated change, both narratively and quantitatively, and, if appropriate, state the reasons why a reasonable estimate of the results cannot be made.

Strategic Environmental & Energy Resources, Inc. (Name of Registrant as Specified in Charter)

has caused this notification to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 14, 2022

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By /s/ J John Combs III

J John Combs III Chief Executive Officer, Secretary (Executive Officer)