UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 1, 2022

Strategic Environmental & Energy Resources, Inc.

(Exact Name of Registrant as Specified in Charter)

<u>NEVADA</u>

(State or Other Jurisdiction of Incorporation)

000-54987 Commission File Number 02-0565834 (IRS Employer Identification No.)

370 Interlocken Blvd, Suite 680, Broomfield, CO 80021

(Address of principal executive offices)

Registrant's telephone number, including area code: (720)-460-3522

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act

Dere-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act

Dere-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act

Securities registered pursuant to Section 12(b) of the Exchange Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
N/A	N/A	N/A

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company \Box

If an emerging growth company, indicate by check mark if the Registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 5.02: Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Termination of Consulting Agreement for Ian Smith as Interim Chief Financial Officer on November 1, 2022

The Company terminated the consulting agreement with Lost Pines Partners, LLC for Clark Knopik as Interim Chief Financial Officer of the Company. The Company has engaged an interim Chief Financial Officer Goerge "Ian" Smith III. Mr. Smith is a Certified Public Accountant with over 20 years of experience in both public and private accounting across a wide range of industries.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Strategic Environmental & Energy Resources, Inc

Date: November 7, 2022

By: /s/ J. John Combs III J. John Combs III Chief Executive Officer