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SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

**FORM 8-K**

CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): **June 1, 2016**

**Strategic Environmental & Energy Resources, Inc.**

(Exact Name of Registrant as Specified in Charter)

**NEVADA**  
(State or Other Jurisdiction  
of Incorporation)

**000-54987**  
Commission File Number

**02-0565834**  
(IRS Employer Identification No.)

**751 Pine Ridge Road, Golden, Colorado 80403**  
(Address of principal executive offices)

Registrant's telephone number, including area code: **(720)-460-3522**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act
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**Item 5.02: Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

**Resignation of Michael J. Readey as Executive Vice President**

On May 26, 2016, Michael J. Readey informed the Company that he is resigning as Executive Vice President of the Company and President of MV Technologies LLC and SEER Environmental Materials, LLC, both wholly-owned subsidiaries, effective May 31, 2016, to pursue personal aspirations and focus on family. Mr. Readey will continue to assist and support the Company in a consulting capacity as available and as needed.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Strategic Environmental & Energy  
Resources, Inc**

Date: June 1, 2016

By: */s/ J. John Combs III*

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J. John Combs III

Chief Executive Officer

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