### SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

### FORM 8-K

## CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): November 6, 2013

### Strategic Environmental & Energy Resources, Inc.

(Exact Name of Registrant as Specified in Charter)

**NEVADA** 

000-54987

02-0565834

(State or Other Jurisdiction of Incorporation)

Commission File Number

(IRS Employer Identification No.)

7801 Brighton Road, Commerce City, Colorado 80022

(Address of principal executive offices)

Registrant's telephone number, including area code: 303-295-6297

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

£Written communications pursuant to Rule 425 under the Securities Act

£Soliciting material pursuant to Rule 14a-12 under the Exchange Act

£Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act

£Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act

Item 5.02: Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

# Appointment of J John Combs III as Secretary

Effective as of November 6, 2013, the Company appointed J John Combs III as Secretary. Currently Mr. Combs also serves as our Chief Executive Officer.

## Resignation of Christopher H. Dieterich as Secretary

Effective as of November 6, 2013, Mr. Dieterich has resigned as Secretary of the Company. Mr. Dieterich will continue to serve as a Director of the Company.

## **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

## Strategic Environmental & Energy Resources, Inc

Date: November 7, 2013

By: /s/J. John Combs III
Name: J. John Combs III
Title: Chief Executive Officer